

Fairfax County Peer-Run Recovery and Drop-In Centers

The peer-owned and operated recovery and drop-in centers in Fairfax are all designed, led, and governed by people who have personal experience with mental illness or with mental health and substance abuse challenges. They offer a connection to the peer community and a peer support environment where people can develop a self-directed life based on their own visions and goals using the power of peer services. The centers' programs enhance the well-being of those they serve through increased community integration, employment, training, teaching self-advocacy skills, providing systems advocacy, and using the peer community's experience in helping individuals overcome their challenges.

Drop-in Centers do not require you to have a referral, to register or expect you to divulge any personal information you wish to keep private. There is no cost and like the name suggests, you can simply drop by and see what help and what supportive relationships may be available to you there.

Annandale Consumer Wellness Center

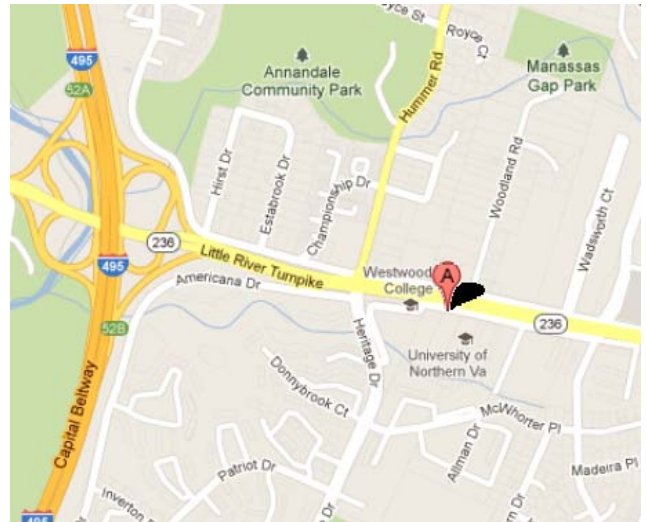
703-531-4650, www.consumerwellnesscenter.org

Heritage Center, East Building

7611 Little River Turnpike, Suite 100E, Annandale, VA 22003

Open Monday through Thursday from 10 a.m. to 4 p.m.

Bottom floor, look for CWC signs.



Laurie Mitchell Empowerment & Career Center

703-461-3886, www.lmec.org

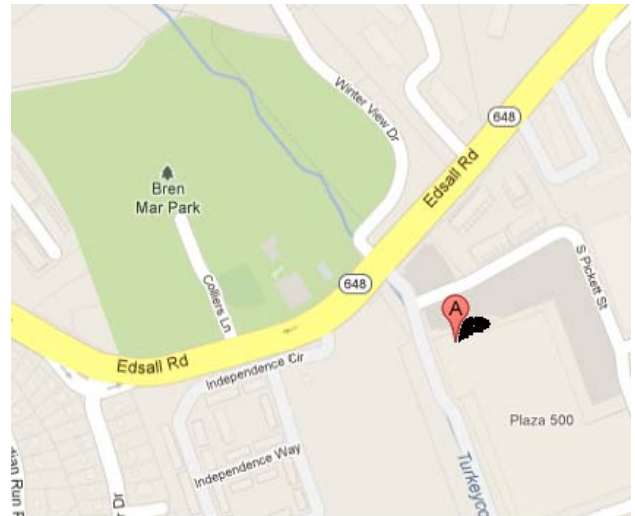
6295 Edsall Road, Suite 260, Alexandria, VA 22312

Open Monday through Thursday from 5 to 9 p.m. and

Saturday from 10 a.m. to 3 p.m.

Computer classes, support groups, employment assistance, seminars, workshops, Toastmasters & more!

Program Director: Daniel Lawson, dlawson@lmec.org



For information on how to reach these locations using public transportation, visit www.fairfaxconnector.com or call 703-339-7200, TTY 703-339-1608, or visit www.wmata.com, 202-637-7000, TTY 202-638-3780.

Call 703-324-7000, TTY 711, to request this information in an alternate format.

Nov. 2015

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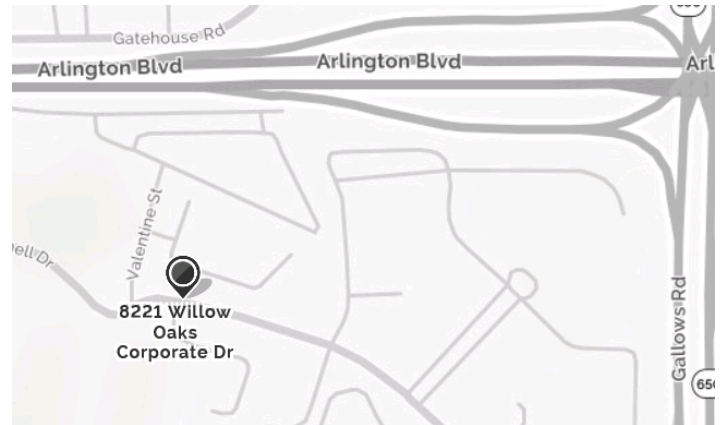
Merrifield Peer Resource Center

703-559-3100

8221 Willow Oaks Corporate Drive, First Floor East, Fairfax VA 22031

Open Monday and Thursday from 10 a.m. to 5 p.m.,
Tuesday and Wednesday from 10 a.m. to 6 p.m. and
Friday from 10 a.m. to 3 p.m.

Assistance with wellness education, peer support and finding resources.

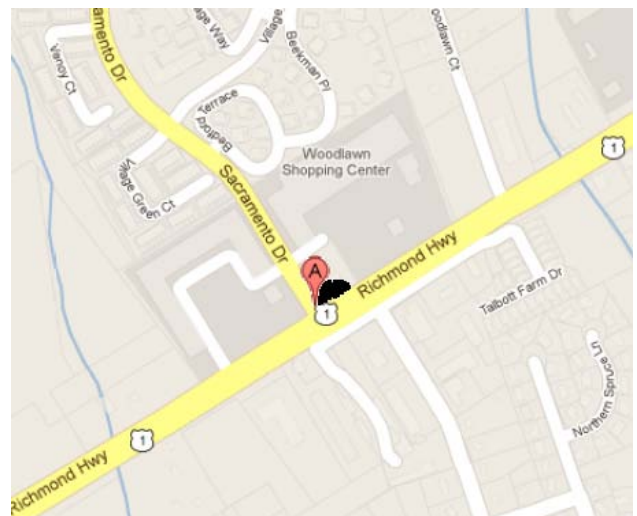


South County Recovery and Drop-In Center

703-341-6890

8794-S Sacramento Drive, Alexandria, VA 22309

Open Monday and Thursday from 3 to 7:30 p.m. and
Saturday and Sunday from noon to 7:30 p.m.
Serves Route 1 corridor, Eleanor Kennedy Shelter and homeless;
laundry, shower and other resources available.

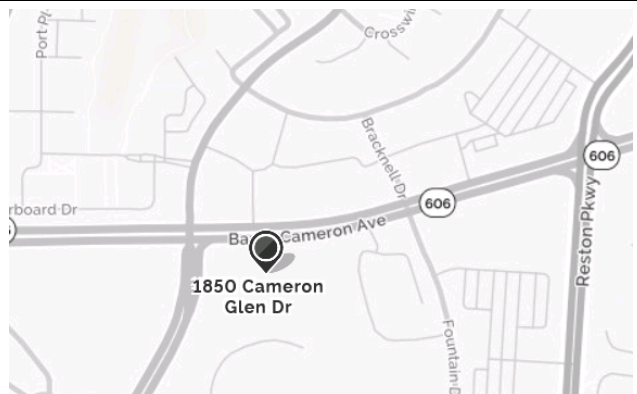


Reston Drop-In Center

703-481-4171

1850 Cameron Glen Drive, Reston, VA 20190

Open Monday through Friday from 9 a.m. to 2:30 p.m.
Great food, good company; call for groups/activities.



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Helpful Phone Numbers and Websites

- disAbility Law Center of Virginia – 1-800-552-3962
- Local Human Rights Advocate (Northern VA) – 703-323-2098
- Mental Health Recovery, Copeland Center (Wellness Recovery Action Plans) www.copelandcenter.com and www.mentalhealthrecovery.com
- National Consumer Clearinghouse – 1-800-553-4539, <http://www.mhselfhelp.org/>
- Mental Health America – <http://www.nmha.org/>
- Free cell phone for persons with low or no income (250 minutes/month free) – 1-888-898-4888, www.assurancewireless.com
- Wellness Recovery Action Plans – www.fairfaxfallschurchwrap.org. For more info call Cicely Spencer at 703-207-7792. Get well, find people who support your wellness, and stay well! Life improves in recovery!
- PRS CrisisLink – Call 703-527-4077 (if you need someone to talk to) or text “CONNECT” to 855-11, or call 1-800-273-TALK, www.prsinc.org
- Community Resources – 211 or www.211virginia.org
- Suicide Hotline – 1-800-SUICIDE
- Alcoholics Anonymous Hotline – 703-293-9753 (local) or 1-800-208-8649
- Alcohol/Drug Abuse Hotline – 1-800-662-HELP
- [Fairfax-Falls Church Community Services Board](http://www.fairfaxfallschurch.org) – 703-383-8500; 24-hour Emergency: 703-573-5679; Fairfax Detoxification Center: 703-502-7000, TTY 703-322-9080

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